

# Chemotherapy Side Effects Journal

Name \_\_\_\_\_ Phone \_\_\_\_\_

Hospital reference number & details \_\_\_\_\_

Keep track of any chemotherapy side effects you are experiencing, and share this information with your doctor

**Common chemotherapy side effects include:**

- Constipation
- Nausea/ vomiting
- Fever
- Loss of hair
- Lost appetite
- Tiredness
- Pain
- Sore mouth

Date/Time of Chemotherapy	Chemotherapy Side Effect(s) Experienced